

# MY DOCTOR DISCUSSION GUIDE

Remember, your healthcare team is there to help you get the answers you're looking for. If you don't fully understand what your doctor is saying, ask them for a little bit more explanation. You might also consider asking your doctor if you can record your conversation to have for reference later.

## MY MS JOURNEY

How can I best maintain my physical ability and capabilities?

Also, how can I continue with my:

- ☐ Hobbies?
- ☐ Job?
- ☐ Childcare responsibilities?
- ☐ Family planning?
- ☐ Social activity?

## MY SYMPTOMS

I'm experiencing these symptoms:

- ☐ Fatigue
- ☐ Walking difficulties
- ☐ Numbness or tingling
- ☐ Spasms, tremors or seizures
- ☐ Decreased strength
- ☐ Speech problems
- ☐ Vision problems
- ☐ Hearing loss
- ☐ Breathing problems
- ☐ Loss of taste
- ☐ Vertigo or dizziness
- ☐ Bladder problems
- ☐ Sexual problems
- ☐ Bowel problems
- ☐ Pain and itching
- ☐ Cognitive issues
- ☐ Emotional changes
- ☐ Depression

## UNDERSTANDING MS TREATMENTS

What kinds of MS treatments are available, and which ones:



- ☐ Reduce relapses?
- ☐ Slow disability progression?
- ☐ Reduce lesion development?

## ABOUT OCREVUS TREATMENTS



- Are OCREVUS® (ocrelizumab) or OCREVUS ZUNOVO™ (ocrelizumab and hyaluronidase-ocsq) good options for me? Why?
- What are the differences between infusions and injections?
- What should I know about safety and side effects?
- How effective are OCREVUS treatments with relapses, disability progression and lesions?
- How and where can I schedule my treatments?

Use this chart to take notes when discussing MS treatments with your doctor.

TYPE OF TREATMENT	 OCREVUS	 OCREVUS ZUNOVO	NOTES
ADMINISTRATION METHOD	An intravenous infusion into a vein in your arm	A subcutaneous injection under the skin, in your abdomen area	
FREQUENCY OF TREATMENTS	2-times-a-year*	2-times-a-year	
FORMS OF MS THAT OCREVUS TREATS	Relapsing or primary progressive forms	Relapsing or primary progressive forms	

\*Your first dose will be split between 2 treatments for a total of 3 treatments your first year.

Please see pages 3 & 4 for Indications and Important Safety Information.




Visit [OCREVUS.com](https://www.ocrevus.com) or click for OCREVUS [Prescribing Information](#) and [Medication Guide](#), and OCREVUS ZUNOVO [Prescribing Information](#) and [Medication Guide](#).

# MY CURRENT MEDICATIONS

List your current medications here, including prescription and over-the-counter medicines, vitamins, and herbal supplements.

# ADDITIONAL QUESTIONS, NOTES & NEXT STEPS

Write any other questions you have here or use this space to take notes during your appointment.



LEARN MORE ABOUT MS AT OUR  
IN-PERSON OR ONLINE EVENTS.  
SCAN THIS CODE TO SIGN UP.

# IMPORTANT SAFETY INFORMATION

## What are OCREVUS and OCREVUS ZUNOVO?

OCREVUS and OCREVUS ZUNOVO are prescription medicines used to treat:

- Relapsing forms of multiple sclerosis (MS), to include clinically isolated syndrome, relapsing-remitting disease, and active secondary progressive disease, in adults
- Primary progressive MS, in adults.

It is not known if OCREVUS and OCREVUS ZUNOVO are safe and effective in children.

## Who should not receive OCREVUS and OCREVUS ZUNOVO?

**Do not** receive OCREVUS or OCREVUS ZUNOVO if you:

- have an active hepatitis B virus (HBV) infection.
- have had a life-threatening administration reaction to ocrelizumab.
- have had a life-threatening allergic reaction to ocrelizumab, hyaluronidase, or any of the ingredients of OCREVUS ZUNOVO. Tell your healthcare provider if you have had an allergic reaction to OCREVUS or OCREVUS ZUNOVO or any of their ingredients in the past.

## What is the most important information I should know about OCREVUS and OCREVUS ZUNOVO?

**OCREVUS and OCREVUS ZUNOVO can cause serious side effects, including:**

- **Infusion reactions (OCREVUS):** Infusion reactions are a common side effect of OCREVUS, which can be serious and may require you to be hospitalized. You will be monitored during your infusion and for at least 1 hour after each infusion of OCREVUS for signs and symptoms of an infusion reaction.
- **Injection reactions (OCREVUS ZUNOVO):** Injection reactions are a common side effect of OCREVUS ZUNOVO, which can be serious and may require you to be hospitalized. You will be monitored for signs and symptoms of an injection reaction when you receive OCREVUS ZUNOVO. This will happen during all injections for at least 1 hour after your first injection, and for at least 15 minutes after all injections following the first injection.
- **Infection:**
  - Infections are a common side effect. OCREVUS and OCREVUS ZUNOVO increase your risk of getting upper respiratory tract infections, lower respiratory tract infections, skin infections, and herpes infections. Serious infections can happen with OCREVUS and OCREVUS ZUNOVO, which can be life-threatening or cause death. Tell your healthcare provider right away if you have an infection. Your healthcare provider should delay your treatment with OCREVUS or OCREVUS ZUNOVO until your infection is gone.
  - **Hepatitis B virus (HBV) reactivation:** If you have ever had hepatitis B virus infection, the hepatitis B virus may become active again during or after treatment with OCREVUS or OCREVUS ZUNOVO. Hepatitis B virus becoming active again (called reactivation) may cause serious liver problems including liver failure or death.
  - **Vaccinations:** Tell your doctor about any recent or upcoming vaccinations.
    - o You should receive any required 'live' or 'live-attenuated' vaccines at least 4 weeks before you start treatment with OCREVUS or OCREVUS ZUNOVO.
    - o When possible, you should receive any 'non-live' vaccines at least 2 weeks before you start treatment with OCREVUS or OCREVUS ZUNOVO.
  - **Weekend Immune system:** OCREVUS or OCREVUS ZUNOVO taken before or after other medicines that weaken the immune system could increase your risk of getting infections.
- **Progressive Multifocal Leukoencephalopathy (PML):** PML is a rare brain infection that usually leads to death or severe disability and has been reported with ocrelizumab. Symptoms of PML get worse over days to weeks.
- **Decreased immunoglobulins:** OCREVUS and OCREVUS ZUNOVO may cause a decrease in some types of immunoglobulins. Your healthcare provider will do blood tests to check your blood immunoglobulin levels.

## What are the possible side effects of OCREVUS and OCREVUS ZUNOVO?

**OCREVUS and OCREVUS ZUNOVO can cause serious side effects, including:**

- **Risk of cancers (malignancies) including breast cancer.** Follow your healthcare provider's instructions about standard screening guidelines for breast cancer.
- **Inflammation of the colon, or colitis:** Tell your healthcare provider if you have any symptoms of colitis, such as diarrhea, blood in stool, and stomach pain.
- **The most common side effects of OCREVUS ZUNOVO include:** injection reactions, respiratory tract infections, and skin infections.



## IMPORTANT SAFETY INFORMATION (CONT.)

These are not all the possible side effects of OCREVUS and OCREVUS ZUNOVO.

Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088. You may also report side effects to Genentech at (888) 835-2555..

For more information, go to [www.OCREVUS.com](http://www.OCREVUS.com) or call 1-844-627-3887.

Please see additional Important Safety Information throughout and click here for full [Prescribing Information](#) and [Medication Guide](#) for OCREVUS.

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